#### WHAT IS AUTISM SPECTRUM DISORDER?

Autism Spectrum Disorder (ASD) is comprised of various conditions formerly classified as Autistic Disorder, Pervasive Developmental Disorder, and Asperger's Disorder.

Autism presents in early childhood and shows in social skill deficits, restricted interests and repetitive behaviors, and communication problems.

The potentially debilitating signs of autism extend into adulthood and require specialized care. However, services to assist adults is often lacking and difficult to procure. Consequently, CPC has assembled a team of highly trained professionals to meet these specialized needs and ensure that services are readily accessible.

Our staff is credentialed and experienced to address the developmental challenges of adults on the autism spectrum.

### OFFICE LOCATIONS & CONTACT INFORMATION

Offices in North Hills, Monroeville, Pittsburgh, Greensburg, and Monessen



Call to make an appointment or to get your questions answered about our AAW and IDD Waiver Services:

Allegheny County
412-241-5437 (Pittsburgh)
412-372-8000 (Monroeville / North Hills)

Westmoreland County
724-850-7200 (Greensburg / Monessen)

Most insurance is accepted, including medical assistance and AAW funding

We are an equal opportunity employer and service provider and does not discriminate based on race, color, religion, sex, national origin, disability or age.

# Community Psychiatric Centers



## **Licensed Outpatient Clinic**& Specialized Autism Clinic



- Adult Autism
   Waiver (AAW)
   Services
- Intellectual
   Disability
   Disorder (IDD)
   Services

CPCWeCare.com
AutismCenterofPittsburgh.com

#### WHO WE ARE

Community Psychiatric Centers is a Licensed Outpatient Mental Health Clinic under the direction of Dr. Robert A. Lowenstein, M.D., Board Certified Psychiatrist, and Dr. John Carosso, Psy.D., Licensed Child Psychologist. Dr. Lowenstein and Dr. Carosso have assembled a remarkably talented and experienced group of practitioners to meet the needs of those on the autism spectrum.

Community Psychiatric Centers offers services through the Adult Autism Waiver, Intellectual Disabilities Waiver, as well as behavioral health evaluations, individual and group counseling, and medication management.

The Autism Center of Pittsburgh is a subsidiary of Community Psychiatric and provides supportive services including guidance for individuals on the autism spectrum and their families. We're only a phone call away.

### WHAT IS THE GOAL OF OUR AAW AND IDD SERVICES?

We strive to enhance the lives those on the autism spectrum, and those intellectually disabled, by promoting independence and competence in activities of daily living, social skills, and in academic and job demands.

#### **AAW ADMISSION CRITERIA**

- -Adults over 21 years of age
- -Autism Spectrum Diagnosis
- -The adult must live with family, or in a group home or supportive housing, attend a vocational program, or an independent living situation.

#### **IDD ADMISSION CRITERIA**

-Children and adults diagnosed with Intellectual Disability as measured by both intellectual and adaptive assessment We promote the individual's self-control, independence on-the-job, and self-sufficiency with activities of daily living



# Call us today to get started!!

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### Adult Autism Waiver (AAW) and Intellectual Disability (IDD) Services

CPC offers *AAW* and *IDD* services to promote independence in the natural environment.

#### **CPC's AAW and IDD Services:**

- -Behavioral Specialist to promote pro-social, adaptive and increasingly independent behavior in the home or living situation.
- -Community Support to enhance community behavior and independence in navigating through the individual's neighborhood.
- -Systematic Skill Building to promote independent living skills such as cooking, cleaning, and using public transportation.
- -<u>Career Planning</u> for job placement and developing vocational skills.
- -<u>Supported Employment</u> to ensure that once a person with autism has a job, they are better-able to keep that job.

#### **No-Wait Evaluations**

We offer no-wait psychiatric and psychological evaluations, conducted by Dr. Lowenstein and Dr. Carosso, for diagnosis and to ensure prompt services and treatment planning.

#### Medication

Dr. Robert Lowenstein, M.D., Board Certified Child and Adolescent Psychiatrist, is available to consult and prescribe should medication prove to be necessary.